

**TRICKS OF THE TRADE:
A Chef's Insider Tips**

**Thursday,
November 12, 2026
10:00am-noon
Cambridge Clubhouse at
Heritage Ridge South**



Maura Zafarana, a new member of our club, received her training at the Culinary Institute of America and has extensive experience as a fine dining chef. Maura also taught at Freehold High School in Freehold, New Jersey and helped found a public restaurant at that school. Participants will make garlic paste, onion juice, and secret sauce using herbs and vegetables, and will learn several chef shortcuts for preparing Thanksgiving dinner.

Cost: \$5 – maximum 10 participants
REGISTRATION DEADLINE: Monday, October 12, 2026
CONTACT: Marilyn Horan